

Effect of Single-Dose Anthelmintic Treatment During Pregnancy on an Infant's Response to Immunisation and on Susceptibility to Infectious Diseases in Infancy: a Randomised, Double-Blind, Placebo-Controlled Trial

Emily L Webb; Patrice A Maw; Juliet Ndibazza; Dennison Kizito; Alice Namatovu; Jacqueline Kyosiimire-Lugemwa; Bridget Nanteza; Margaret Nampijja; Lawrence Muhangi; Patrick W. Woodburn; Hellen Akurut; Harriet Mpairwe; Miriam Akello; Nancy Lyadda; Joseph Bukusuba; Macklyn Kihembo; Moses Kizza; Robert Kizindo; Juliet Nabulime; Christine Ameke; Proscovia B. Namujju; Robert Tweyongyere; Moses Muwanga; James A. G. Whitworth & Alison M. Elliot

Citation: Webb, E.L., Mawa, P.A., Ndibazza, J., Kizito, D., Namatovu, A., Kyosiimire-Lugemwa, J., Nanteza, B., Nampijja, M., Muhangi, L., Woodburn, P.W. and Akurut, H., 2011. Effect of single-dose anthelmintic treatment during pregnancy on an infant's response to immunisation and on susceptibility to infectious diseases in infancy: a randomised, double-blind, placebo-controlled trial.

Abstract

Helminth infections affect the human immune response. We investigated whether prenatal exposure to and treatment of maternal helminth infections affects development of an infant's immune response to immunisations and unrelated infections. **Methods** In this randomised, double-blind, placebo-controlled trial, we enrolled 2507 women in the second or third trimester of pregnancy who were planning to deliver in Entebbe General Hospital, Entebbe, Uganda. With a computer-generated random number sequence in blocks of 100, we assigned patients to 440 mg albendazole and 40 mg/kg praziquantel (n=628), 440 mg albendazole and a praziquantel-matching placebo (n=625), 40 mg/kg praziquantel and an albendazole-matching placebo (n=626), or an albendazole-matching placebo and praziquantel-matching placebo (n=628). All participants and hospital staff were masked to allocation. Primary outcomes were immune response at age 1 year to BCG, tetanus, and measles immunisation; incidence of infectious diseases during infancy; and vertical HIV transmission. Analysis was by intention-to-treat. This trial is registered, number ISRCTN32849447. **Findings** Data were available at delivery for 2356 women, with 2345 livebirths; 2115 (90%) of liveborn infants remained in follow-up at 1 year of age. Neither albendazole nor praziquantel treatments affected infant response to BCG, tetanus, or measles immunisation. However, in infants of mothers with hookworm infection, albendazole treatment reduced interleukin-5 (geometric mean ratio 0.50, 95% CI 0.30–0.81, interaction p=0.02) and interleukin-13 (0.52, 0.34–0.82, 0.0005) response to tetanus toxoid. The rate per 100 person-years of malaria was 40.9 (95% CI 38.3–43.7), of diarrhoea was 134.1 (129.2–139.2), and of pneumonia was 22.3 (20.4–24.4). We noted no effect on infectious disease incidence for albendazole treatment (malaria [hazard ratio 0.95, 95% CI 0.79–1.14], diarrhoea [1.06, 0.96–1.16], pneumonia [1.11, 0.90–1.38]) or praziquantel treatment (malaria [1.00, 0.84–1.20], diarrhoea [1.07, 0.98–1.18],

pneumonia [1.00, 0.80–1.24]). In HIV-exposed infants, 39 (18%) were infected at 6 weeks; vertical transmission was not associated with albendazole (odds ratio 0.70, 95% CI 0.35–1.42) or praziquantel (0.60, 0.29–1.23) treatment. Interpretation These results do not accord with the recently advocated policy of routine antenatal anthelmintic treatment, and the value of such a policy may need to be reviewed.

Key Words: Single-Dose Anthelmintic Treatment; Infants; Immunisation; Infectious Diseases; Randomised; Double-Blind