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**Assessing the Socio-Economic Effects of Population Increase on People's Incomes in Bushenyi District in Uganda: A Case Study of Kizinda Parish in Nyabubare Sub-county.**

The study is about the assessing of the socio-economic effects of population increase on people's incomes in Bushenyi district in Uganda. The study was specifically carried out in Kizinda parish in Nyabubare sub-county. The objectives of the study were; to find out the factors behind population increase in Kizinda parish, to find out the relationship between population increase and people's incomes in Kizinda parish, to determine the challenges of population increase in Kizinda parish and to give recommendations to address population increase and socio-economic effects in Kizinda parish. The researcher used a case study of Kizinda parish in Nyabubare sub-county and contacted 100 respondents. Purposive and random sampling techniques were used to select the respondents. Data collection methods included self-administered questionnaires, key informants interviews and focus group discussions. Data analysis was done using mostly qualitative and to a less extent quantitative approaches.

From the findings, it was established that population increase had been caused by primarily new migrant workers, which further caused social problems like sex networks, theft, fights and improper garbage disposal, which needed to be addressed for better lives. It was established that the population in Kizinda parish had increased. From the findings, it was observed that this increase has had positive effects like improving on people's incomes and negative effects such as theft that reduce people's income. The positive effects reign more than the negative ones due to the development in the area that has accrued from the population increase. Consequently, the researcher recommends that there is need for the government to carry out strict registration of the population, and to enforce, approve and use plans whenever any construction of permanent houses is carried out. At the same time, the government should spread the police stations to different villages in order to boost the security of this area. Conclusively, this research is very vital because it explores gaps between population increase and people's incomes within the area of study. It, therefore, advises different stake holders to join hands and address them.

**Key Words: Socio-Economic Effects, Population, People, Incomes, Bushenyi District**